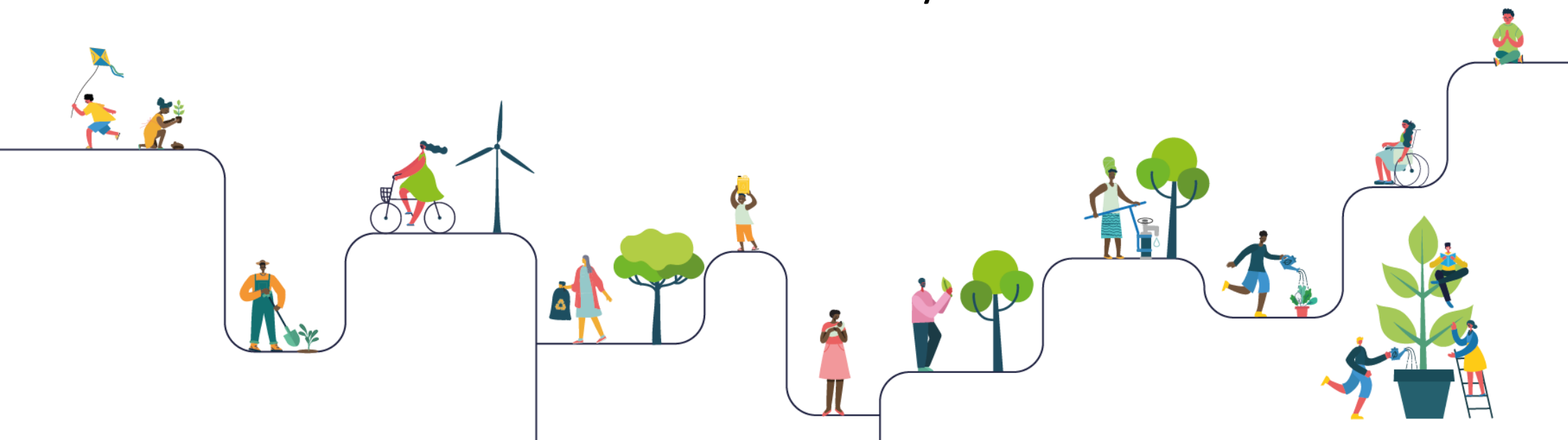


LiveSimply

NAME OF SCHOOL : English Martyrs Catholic Primary School
CONTACT NAME : Helen Townsley



The **Live**Simply action planning form

Please refer to the **LiveSimply** action planning guide for details on how to fill out this planning document.

<p>GLOBAL</p>	<p>Description of action: The children will learn about the 'Education in Emergencies' campaign to tie in with the start of the academic year and recognising that there is not equality of educational opportunity. They will write persuasive letters as part of campaign action.</p> <p>Faith Input: Link to Cafod resources on prayer and refugees and Pope Francis' message about migrants and refugees. Children will write bidding prayers based on their learning to be read in local parishes on Education Sunday (10.09.2023).</p> <p>Education input: Use of 'Send My Friend to School' 2023 Campaign pack - focused teaching within KS2 as part of transition project into new classes. Writing persuasive letters to local MP, invite MP in to school..</p>	<p>Description of action: We will take part in World Food Day (16.10.2023). The theme this year is: "Water is life, Water is food: Leave no one behind." Children to raise money for water-related Cafod World Gifts and also to engage with the 'Justice Begins Here' campaign on school social media and in local and Diocesan press.</p> <p>Faith Input: Link to the Pope's writings on World Water Day 2022, that "the right to drinking water and sanitation is closely linked to the right to life, which is rooted in the inalienable dignity of the human person and constitutes a condition for the exercise of other human rights. Also that the world owes "a grave social debt to the poor who do not have access to safe drinking water." (https://www.vaticannews.va/en/vatican-city/news/2022-03/pope-francis-message-parolin-czerny-world-water-forum.html)</p> <p>Education input: Use, for example, resource from Food and Agriculture Organization of the United Nations: https://www.fao.org/3/cc6287en/cc6287en.pdf. Also resources from the 'Justice Begins Here' site. Also 'Waste or Save' cards from Southern Water.</p>	<p>Description of action: We will create a 'SALT' group - 'Social Awareness and Liturgy Team' - who will promote awareness of relevant global campaigns and awareness days. They will look at the year calendar and when key awareness campaigns are taking place (use Global Dimensions as an information source e.g. the Season of Creation 01.09.23 - 04.10.23, International Day of Peace 21.09.23 etc.).</p> <p>Faith Input: Children will pray for the causes that they are learning about; these prayers will be displayed on prayer tables and integrated within classroom prayer. CST - Solidarity, Human Dignity, Common Good.</p> <p>Education input: The SALT team will use online resources to prepare assemblies and deliver these to the children once a month to raise awareness of the needs of our global community. Resources from Global Dimension will be used, which link to the work of other charitable organisations.</p>
<p>LOCAL</p>	<p>Description of action: Carry out a weekend beach clean, publicising on EventBrite and local social media for members of community to join in.</p> <p>Faith Input: House leaders to link this action to the message of Laudato Si through House assemblies. Children to create posters to publicise the beach clean that demonstrate the link between the Pope's message and this action, and also reflect on this when creating our EventBrite advertisements.</p> <p>Education input: This will link to existing Yr 3 & 4 topic 'Footprints in the Sand'. Sussex Wildlife Resources will be used to demonstrate the long term impact of not caring for our locality.</p>	<p>Description of action: We will have a CAFOD stall at the Durlington Festival and at the school fair. On the stall we will sell recycled crayons and second hand books, which will link to living sustainably, making the most of what we have. Children to be asked to donate books and to help make the crayons. Information displayed on stalls to show that we are raising money for CAFOD and why we are recycling crayons. This will be part of our whole school focus on recycling.</p> <p>Faith Input: Money raised will be used to purchase from the World Gifts catalogue; children will engage with the 'World Gifts Assembly' to help them to understand how the money is used to support others and the work of CAFOD. Link to 'Let us Dream' (Pope Francis, 2020, p. 11).</p> <p>Education input: This will build on from the learning in World Book Day with the letter writing activity to Crayola, with the children asking the company to increase recycling opportunities.</p>	<p>Description of action: House captains will choose local charities that they wish to support during the year. They will have a stall to raise money for each charity at the Christmas Fair, and will also engage with a fundraising event during Lent on 'Fundraising Fridays'.</p> <p>Faith Input: Charity work will be linked to scripture and what the Bible & Jesus say about giving to others. During Lent, the fundraising activity will give children the opportunity to live out 'almsgiving'.</p> <p>Education input: Once houses have chosen their local charities, we will try to get speakers from each charity to come in to school. Children will learn about their chosen charity in their house teams; this will be led by the house captains.</p>

<p>SCHOOL</p>	<p>Description of action: Classes to write 'Live Simply' prayers in the first week of the new academic year, linking what they are praying for to the photo displays that they have created and their actions in LivingSimply over the summer holidays..</p> <p>Faith Input: House captains to have led assemblies on the LiveSimply project and the faith-based reasons behind it.</p> <p>Education input: CAFOD resources.</p>	<p>Description of action: Create an ongoing 'Live Simply' photo display in the hall. Children to be given cards stating e.g. 'Something simple that I appreciate' 'Something simple that brings me joy.' Parents to be asked to support at home by taking photos to send in as part of spreading the 'Living Simply' message to the parent community, and for children and parents to follow a 'Live Simply' pledge over the summer holidays.</p> <p>Faith Input: To be introduced to the children through Phillipans 4: 11 - 13. What do the children think is the secret of being content? Look also at Matthew 6: 25 - 33.</p> <p>Education input: Children to engage in discussion with one another about why they have made their choices</p>	<p>Description of action: We will hold an arts week in September / October as part of the 'Seasons of Creation'. All pupils will create a piece of art work which will be showcased to parents, along with the rationale behind this focus.</p> <p>Faith Input: Input for the children in all year groups will be through the Godly Play resources.</p> <p>Education input: Children will learn about the theme of this year's Seasons of Creation - 'Let Justice and Peace Flow' - and will use this and the various resources available to shape their response.</p>
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LiveSimply

Criteria for live simply: To take action towards living a simpler lifestyle including slowing down and finding time to pray and reflect, refusing and reducing on what we consume, spending more time on the simpler things in life including reflective time with family and friends, time in nature.

Brief description of main action:

Through creating class 'Live Simply' displays, children will reflect on the simple things in their lives, to find the joy in these and to see the hand of God in them. They will write create pledges about how they will live simply over the summer holidays. Parents will be asked to support, and children who uphold their pledge will be awarded with a LiveSimply badge in September.

How will you plan for a wider community engagement?

Parents will also be asked to support children at home with taking their 'Live simply' photos. Live Simply pledges will be taken home to be followed over the summer holidays, focusing on spending time with their friends and family, making time to pray. Parents asked to support with this, to sign and return the pledge at the end of the holidays. Pledges and responses shared on school social media.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

LiveSimply prayer (KS1 & 2); use of LiveSimply video resource

(<https://www.youtube.com/watch?v=5ZDNgb7VBwQ>); Green Renaissance resource (for older children): <https://www.youtube.com/watch?v=FyTnB5bWUk0>

Opportunities for personal prayer and reflection with powerpoints showing 'the simple things' to engage the children

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Live Simply Cafod resources, to be delivered by House Captains in house assemblies.

Children to be involved in the creation of the classroom displays to prompt discussion on the simple things that are important to them in their lives.

Live Sustainably

Criteria for live sustainably: To take action towards protecting God's creation through personal actions. This can include taking action on how much we use and throw away, supporting the work of eco clubs and other eco initiatives, taking environmentally positive action in the local community.

Brief description of main action:

Whole school focus on recycling, making better use of what we have. Recycled crayons to be made, all classes to recycle whiteboard pens, glue sticks etc. As well as making better use of what we have, also work proactively to reduce waste in our locality through a beach clean ... which will hopefully be the first of many!

How will you plan for a wider community engagement?

Community beach clean, to be promoted through EventBrite and on school social media. Second hand books and recycled crayons to be sold at school fairs and locality events, along with posters about the rationale of why we are doing this.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Laudato Si resources to be used with the children in assemblies. Link to be made to Genesis that "Then God saw everything that He had made, and indeed it was very good." Is it still very good?

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Sussex Wildlife resources to be used at the beach clean to demonstrate the long term impact of ocean pollution. Also to link in to Year 3 & 4 'Footprints in the Sand' resources. Link made to Genesis - is it still very good? If not, why not? Look at the rubbish that we picked up on the beach, why was it there? What action will be needed to reduce this? How can we act to improve things?

Live in Solidarity

Criteria for live in solidarity: To take direct action to help our global family. This includes campaign action to raise awareness or challenge structures that impact negatively on our global neighbours, fundraising to help communities in need, and other global actions that make a difference to our global family.

Brief description of main action:

Campaign linked to World Food Day, looking at water as a harvest. Children to learn about how access to water is a basic human right, and that nobody should be left behind. Children to look at reasons why there are struggles to provide sufficient water for all communities (farming methods, wasted water etc.), and what we can do on a practical level to save water but also how we can support those who don't have enough water.

How will you plan for a wider community engagement?

Children to engage with the 'Justice Begins here' campaign, with children's actions (e.g. letter writing) being shared with the parish, asking them to join us. Children's work also to be shared on social media. Whole community fundraising activity, with the aim of raising enough money to fund the purchase of a 'Community Water Supply' from the Cafod World Gifts Catalogue.

FAITH | LEARN | ACT

What faith-based resources will you use?

Include resources linked to Catholic Social Teaching, liturgies, prayers and other faith based materials.

Use Pope's writings on World Water Day 2022.

Cafod 'Water of Life' assembly.

Children to look at hymns that reference water - what do they say about the role of water in our spiritual lives?

What educational resources will you use?

These can include CAFOD educational resources, or other resources that provide a learning journey.

Resources from Food and Agriculture Organization of the United Nations:

<https://www.fao.org/3/cc6287en/cc6287en.pdf>. Also resources from the 'Justic Begins Here' site. Also 'Waste or Save' cards from Southern Water. Will try to get a speaker in from Southern Water / one of the water charities.

To register for the LiveSimply award, please fill out the form below, and send in your completed action plan to the address below. Upon receipt of your registration we will send you a registration certificate for you to display in your school.

Name of School

English Martyrs Catholic Primary School

Address

Derwent Drive, Goring-By-Sea, Worthing, West Sussex, BN12 6LA.

Headteacher

Helen Townsley

Contact Name

Helen Townsley

Email Address

head@englishmartyrs.school

Date 27.06.2023

Please email a copy of your plan to schools@cafod.org.uk

**CAFOD Education team,
Romero House,
55 Westminster Bridge Road,
London SE1 7JB.**

Yes, I would like to join an email list for the LiveSimply award where I will receive updates, ideas, links to action and further support.

CAFOD will process information you provide to us on this form for the purposes of sending you resources for the LiveSimply Award. CAFOD will keep some personal details about you on our database so we can stay in contact with you enabling us to administer and manage the LiveSimply award efficiently.

You can change your communication preferences at any time by contacting us at cafod@cafod.org.uk or 0303 303 3030.

CAFOD will never share your data for marketing. For details, see our privacy statement on www.cafod.org.uk/privacy