



ENGLISH MARTYRS CATHOLIC PRIMARY SCHOOL

Sun Safety Policy

Date of Approval	28th January 2025
Date of Next Review	28th January 2028
Review led by	Headteacher
Approved by	Headteacher
This Policy should be read in conjunction with the following documents	
Notes	Annual Review



School Mission Statement

Our Mission statement demonstrates our commitment to inclusion at English Martyrs school:

To accept each individual as they are and to enable them to develop their full potential within a Christ-centred, worshipping community in a spirit of love, happiness and understanding

'A Learning Community in Christ'

Sun Safety Policy

At English Martyrs Catholic Primary School, we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

Education

- Sun protection will be incorporated into the curriculum for children of all ages
- Sun protection will be discussed with classes and in assemblies at the start of the summer term and before the summer holidays.
- Parents and guardians will be informed about what the school is doing about sun protection and how they can help at the beginning of the summer term.
- Staff, governors and parents can access information on sun safety on www.sunsmart.org.uk

Protection

- Children will be encouraged to sit/play in shaded areas or to go inside in extreme heat.
- Water will be available at all times.

Timetabling

- Children will be encouraged to wear hats, clothing that provides cover from the sun and sunscreen to minimise sunburn during outdoor activities and events between the hours 11:00 am – 3:00 pm.
- In extreme heat outside sports activities will be changed to suit the conditions or cancelled if suitable changes cannot be made.

Clothing

- Children are encouraged to wear hats outside during the summer
- Staff will be encouraged to wear suitable hats and clothing to reinforce role modelling when on playground duty and teaching outdoors.

Sunscreen

- Parents will be encouraged to apply suitable sunscreen with an SPF of at least 15+ to their child before coming to school during the summer term
- If parents provide named sunscreen for their child to use in the school day staff will encourage the child to put it on before outside activities

Chair of Governors:

Head Teacher: Helen Townsley

Appendix 1 Sun Protection Policy Checklist

Education

It is important to raise awareness of why we need sun protection if we want to encourage pupils to change the way they behave in the sun.

Sun Protection Strategy	In Place	Planned	Comments
Sun protection and the dangers of sunbed use is incorporated into the curriculum for all ages	✓		We are following the 'Sun Safe' pathway.
All teachers and staff are made aware of this policy and the importance of sun protection within the school environment	✓		Circulated to staff and saved on CPOMS.
Sun protection is actively promoted to pupils in other ways at significant points of the school year including before and during summer and prior to summer holidays (e.g. Assemblies, workshops, talks)		✓	
Parents are informed of the importance of sun protection through information sent home in newsletters and a letter informing them of the sun protection policy (see the parent letter template in these guidelines)	✓		Sent in Summer term

Protection

Consider sun protection when planning all outdoor activities from April to September (the sun is at its strongest at this time of year).

Sun Protection Strategy	In Place	Planned	Comments
Shade			
A shade audit has been conducted on the school grounds to determine the suitability of current and proposed shade	✓		There is insufficient shade; the purchase of sails is on our wishlist to extend this. Currently if it is too hot, children are brought inside.
Shade structures provide long/short-term shade	✓		We have pop up gazebos for short term shade but are aware that there is little shade on the field or playground.
Seats and equipment are moved to shady areas	✓		Towards the back fence / shade of the Year 6 classroom.
Timetabling			
Hats, clothing and sunscreen are worn to minimise sunburn during outdoor	✓		

activities and events between the hours of 11am – 3pm			
In the summer term staff should be conscious of the amount of time pupils are in the sun and if necessary lessons or recreation time should take place inside the school or in the shade.	✓		
Clothing			
Pupils are encouraged to wear hats when outside	✓		
Pupils are encouraged to wear tops that cover their shoulders (vests and strappy tops are not part of the uniform policy)	✓		
Teachers and assistants also wear suitable hats and clothing to reinforce role modelling	✓		
Sunscreen Sunscreen should be used for covering exposed areas of skin when shade may be unavailable and long sleeved and legged clothing is not practical e.g. during outdoor PE lessons and school excursions. Parents encouraged to provide a sunscreen with an SPF of at least 15+ which is also broad spectrum to protect from UVA and UVB rays and ensure that application of sunscreen is adequate and applied regularly.	✓		

Appendix 2

Dear Parent / Guardian,

Now that we are in the summer term and the weather is warming up, I would like to remind you about our Sun Protection Policy which we have developed to ensure that we can all enjoy the sun safely over the coming months. This policy is available on our website: <https://www.englishmartyrs.w-sussex.sch.uk/policies/>

The sun's rays are particularly strong over the summer and they can damage children's skin. This may not seem like a problem right now, but sadly it can lead to skin cancer in later life. Your child's health and well-being are very important to us, which is why we:

- Are increasing the amount of school time spent learning about sun protection as part of our RSHE teaching
- encourage pupils to wear hats and suitable clothing when outside
- encourage pupils to use at least factor 15+ sunscreen in summer months.

Your support is very important if our policy is going to work. You can help by:

- talking to your child about the importance of sun protection at home
- sending your child to school with a sun hat
- applying sunscreen to your child before the beginning of the school day (a long lasting one is preferable)
- providing named sunscreen for your child to apply during the day (if needed) and by teaching them how to apply it properly themselves

Together I hope we can have a happy, safe sunny summer term!

Yours sincerely,

Dr. Helen Townsley