



# English Martyrs Newsletter

## 23rd March 2026

### Our Mission Statement

To accept each individual as they are and to enable them to develop their full potential within a Christ-centred, worshipping community in a spirit of love, happiness and understanding



### Lent Mass

You are all warmly invited to join us for our Lent Mass celebration which is taking place on Friday 27th March at 2pm.



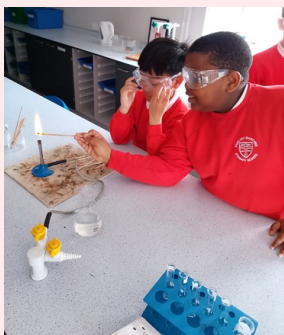
### 5th Sunday of Lent

There was a friend of Jesus named Lazarus who lived in the village of Bethany with his two sisters, Mary and Martha, and he was very ill. The sisters sent a message to Jesus. But, by the time Jesus had arrived at their home, Lazarus had died. As soon as Lazarus' sister, Mary, saw Jesus she threw herself at his feet, crying. At the sight of her tears, Jesus said in great distress, with a sigh that came straight from the heart, "Where have you put him?" So they took Jesus to Lazarus' tomb. Jesus wept. "Roll the stone away," he said. Then he cried out in a loud voice, "Lazarus, come out!" Then Lazarus, who had been dead, came out with his feet, hands and face wrapped in strips of burial cloth. Jesus said, "Unbind him: let him go free." Many of the people there saw what Jesus had done and believed in him.

Adapted from John 11:1-45

### Year 5 Harry Potter & Science Days

Year 5 had an exciting visit to St Oscar Romero's for a magical Harry Potter Day. Throughout the day, we took part in a range of experiments, including creating colour-changing flames using Bunsen burners and exploring chemical reactions with dyes. Each activity helped us uncover clues as we worked together to solve the mystery word. We finished the day with a fun-filled game of Quidditch, making it a truly memorable and enjoyable experience for everyone!



During Science Week, Year 5 carried out an exciting experiment using Coke and Mentos. Before starting, we made predictions about what we thought would happen when the Mentos were dropped into the Coke. We then carefully conducted the experiment and measured the height of the explosion to see if our predictions were correct. It was amazing to watch the fizzy reaction shoot up into the air, and we had so much fun while learning about science in a hands-on way!



### Big Lent Walk



Just a reminder that we will be taking part in the Big Lent Walk on Tuesday—parents / grandparents & younger siblings are very welcome to come along to join in if they wish (see timings on p. 2). The Big Lent Walk asks us to walk 200 km—we have 187 children in the school so if everyone walks 1 km (plus we persuade some of our older children to go a little bit further) then, as a school community, we'll have met the challenge. Please could children come to school in their trainers for this, and we would be really grateful if all sponsorship money could be brought in before the end of term so that we can get it sent off to Cafod.

## Spring Term Dates for your Diary

Monday 23 <sup>rd</sup> Mar	Parent Consultation Meetings
Tuesday 24 <sup>th</sup> Mar	Big Lent Walk a.m.:
	9.15—Early Years & Yr 6
	10.00—Yrs 1 & 5
	10.45—Yrs 2, 3 & 4
Tuesday 24 <sup>th</sup> Mar	SEN Coffee Afternoon 2 p.m.—3 p.m.
Thursday 26 <sup>th</sup> Mar	Year 3 Butser Farm Trip
Thursday 26 <sup>th</sup> Mar	Year 5 Fire Brigade visit
Thursday 26 <sup>th</sup> Mar	Year 2 Class Liturgy, parents welcome from 2.45pm
Friday 27 <sup>th</sup> Mar	Lent Mass 2pm—All welcome
Friday 27 <sup>th</sup> Mar	Last day of Spring Term
Friday 27 <sup>th</sup> Mar	Spring Disco— KS1 4.45-6.15pm KS2 6.45-8.15pm

## Summer Term Dates for your Diary

Monday 13 <sup>th</sup> Apr	Children return to school after Easter break
Thursday 23 <sup>rd</sup> Apr	KS1 Hedgehog visit
Friday 24 <sup>th</sup> Apr	Year 3 Egyptian workshop
Tuesday 12 <sup>th</sup> May	Year 1 Arundel Wetlands visit
Thursday 14 <sup>th</sup> May	Year 4 Lodge Hill day visit
Friday 22 <sup>nd</sup> May	May Procession—Details TBC
Friday 22 <sup>nd</sup> May	Last day of half term
Monday 25 <sup>th</sup> to 29 <sup>th</sup>	May Half Term
Monday 1 <sup>st</sup> June	Inset Day
Tuesday 2 <sup>nd</sup> June	Children return to school
Tuesday 2 <sup>nd</sup> —5 <sup>th</sup> June	Year 6 Residential
Thursday 11 <sup>th</sup> June	Year 4 Fishbourne Roma Villa trip
Tuesday 16 <sup>th</sup> June	Year 5 Life of Christ play trip
Thursday 2 <sup>nd</sup> —3 <sup>rd</sup> July	Year 5 Blacklands Farm Trip

## Uniform

Now that the weather is warming up, we would like to remind you all about PE uniform. The children should be wearing red shorts / navy jogging bottoms - cycling shorts of any colour are inappropriate for school wear and, although we appreciate that there are some children who choose to wear these under their red shorts, they should not be worn on their own. Parents will be called if children come in wearing the incorrect PE shorts and will be asked to bring in the correct uniform. If necessary, we do have some spares which will be offered to children if parents cannot bring correct uniform in. Children will have the choice of either wearing the red shorts that are supplied or working away from their class until they are dressed appropriately, as is set out in our Pupil Dress Code policy. Thank you for your support on this matter.

## Club News

A reminder that there are no internal clubs for the last week of term except for Sewing Club. For external clubs please contact organisers direct.

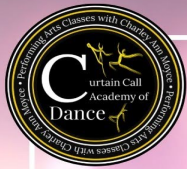
## Water Bottles

Please can we remind you that children must bring in a water bottle every day. We have a large number of children coming to the office requesting cups, but this means that they are losing learning time and it also disrupts the office staff. Your support is much appreciated.

## Science Week

We had an amazing array of costumes on Friday for our science dress up day, to round off our science week. The huge variety of costumes was a great reminder to the children of how important science is and what a huge part it plays in our every day lives. Thank you for getting into the spirit of this and giving the children a memorable end to a memorable week of learning!





CURTAINCALLWORTHING

AWARD WINNING PERFORMING ARTS SCHOOL  
BASED IN WORTHING



**JOIN NOW!**

ENGLISH MARTYRS CATHOLIC PRIMARY SCHOOL

# MUSICAL THEATRE AFTER SCHOOL CLUB

"My child is thoroughly enjoying their lessons, they have a new favourite day of the week now that they get to attend musical theatre."

"My children love it! As a mother, I feel that it is a well organised and welcoming place."

"My children have a super time! They love the singing and dancing! The teacher has been so lovely and really reassuring."

"Great classes! My little one feels much more confident since they started with Curtain Call!"



ENGLISH MARTYRS CATHOLIC PRIMARY SCHOOL  
THURSDAYS | 15:15-16:15

[curtaincallacademy@outlook.com](mailto:curtaincallacademy@outlook.com)

PRESTIGE AWARDS

CHILDREN'S PERFORMING ARTS SCHOOL OF THE YEAR



• SING • DANCE • ACT • PERFORM •

CURTAINCALLWORTHING £20



# Disney ZOMBIES

## PERFORMING ARTS WORKSHOP

• SING • DANCE • ACT • PERFORM •

Wednesday 8th April | 08:30-12:30

Goring United Reformed Church, BN12 4EA

Ages 4-16 years | £20

[curtaincallacademy@outlook.com](mailto:curtaincallacademy@outlook.com)

@curtaincallworthing

WHAT'S INCLUDED:

- LEARN YOUR FAVOURITE INSPIRED SONGS & CHOREOGRAPHY FROM THE DISNEY ZOMBIES MOVIES!
- A FUN DANCE PARTY - WITH DISCO LIGHTS AND PARTY GAMES
- TWO BREAKS - PLEASE BRING SNACKS (NO PEANUTS)
- PERFORMANCE MOMENT: LOVED ONES ARE INVITED BACK AT 12:00 TO WATCH THE CHILDREN PERFORM EVERYTHING THEY'VE LEARNED ON OUR STAGE!!!

PRESTIGE AWARDS

CHILDREN'S PERFORMING ARTS SCHOOL OF THE YEAR

• SING • DANCE • ACT • PERFORM •



• SING • DANCE • PERFORM •

£20

# SING

## PERFORMING ARTS WORKSHOP!

LIMITED SPACES - BOOKING ESSENTIAL



Thursday 9th April '26

Goring United Reformed Church, BN12 4EA

08:30-12:30

Ages 4+ | £20

[curtaincallacademy@outlook.com](mailto:curtaincallacademy@outlook.com)

@curtaincallworthing



active future

## EASTER HOLIDAY HAF CAMP

Active Future is delighted to be working in partnership with West Sussex County Council to deliver our Easter Holiday Activities & Food (HAF) Camp for children eligible for benefit-related FREE school meals.

This Easter, children will enjoy an exciting carousel of activities including Nerf Challenges,

Football, Dodgeball, Themed Easter Arts & Crafts ...and much more!

Our camps provide a fun, active and inclusive environment where children can build confidence, make friends and stay active during the holidays.

Each day includes a nutritious hot meal, snacks and drinks.

**When** Dates: Mon 30th March - Thu 2nd April

Time: 9 am - 3 pm

**Where** Heene Primary School, Worthing BN11 4BB

**Who** Ages: 5 to 12 years  
For children who are eligible for benefit related Free School Meals

A limited number of paid places are now available for families who are not eligible for Free School Meals. To book one of these places, Scan QR code in the bottom right.



### TO BOOK YOUR PLACE



Scan Me to register for HAF Free places

[haf@westsussex.gov.uk](mailto:haf@westsussex.gov.uk)  
[afbrighton@activefuture.info](mailto:afbrighton@activefuture.info)

07584660224 - Kam



Scan Me! for Paid places



allthingsautismltd@gmail.com  
01895 649211  
<https://allthingsinclusionandautism.com>

**Workshops for parents / carers (and practitioners) -Summer term 2026**

<p><b>All things visual strategies</b> Supporting autistic children / those with communication difficulties with visual strategies - why use visuals, which visuals to use and how to use them? <b>Monday 18th May 2026</b> <b>10 - 11.30am</b> Online - via Zoom £36 plus VAT per person</p>	<p><b>Pathological Demand Avoidance (PDA)</b> Understanding PDA and practical strategies to support <b>Tuesday 12th May 2026</b> <b>7-9pm</b> Or <b>Wednesday 8th July 2026</b> <b>9.30 - 11.30am</b> Online - via Zoom £44 plus VAT per person</p>
<p><b>All things communication and play:</b> Supporting autistic children with communication and play skills - laughing and learning together <b>Thursday 11th June 2026</b> <b>9.30am - 12</b> Online via Zoom £51 plus VAT per person</p>	<p><b>Autism and Girls</b> Exploring differences and diagnosis . Understanding how autism impacts on girls and strategies and ideas to support them <b>Tuesday 9th June 2026</b> <b>10 - 11.30am</b> Online via Zoom £36 plus VAT per person</p>
<p><b>All things behaviour</b> - supporting positive behaviours for autistic children <b>Monday 6th July 2026</b> <b>9.30am - 12</b> Online via Zoom £51 plus VAT per person</p> 	<p><b>All things sensory processing</b> - a workshop exploring the sensory needs of autistic children and practical strategies to support their needs <b>Friday 5th June 2026</b> <b>9.30am - 12</b> Online via Zoom £51 plus VAT per person</p> 

<p><b>All Things Toileting</b> Exploring the challenges around toilet training for autistic children and practical strategies to support them <b>Monday 15th June 2026</b> <b>7 - 8.30pm</b> Online via Zoom £36 plus VAT per person</p>	<p><b>Gestalt Language Processing</b> How to support early language skills for young children including Gestalt learners <b>Tuesday 16th June 2026</b> <b>10 - 11.30am</b> Online via Zoom £36 plus VAT per person</p>
<p><b>Supporting Children's Transitions</b> Supporting transitions for children with autism or social communication difficulties. This course covers transitions into school and nursery and between classes <b>Thursday 14th May 2026</b> <b>10 - 11.30am</b> Online via Zoom £36 plus VAT per person</p>	<p><b>ADHD</b> Understanding ADHD in young children and practical ideas to support them <b>Thursday 7th May 2026</b> <b>10-11.30am</b> Or <b>Thursday 2nd July</b> <b>7 - 8.30pm</b> Online via Zoom £36 plus VAT per person</p>
<p><b>Supporting children with Bereavement and Loss</b> Looking at the impact of bereavement and loss on young children and strategies to support them <b>Thursday 18th June 2026</b> <b>10 - 11.30am</b> Online via Zoom £36 plus VAT per person</p>	<p><b>Promoting positive mental health in young children</b> Examining causes of mental health difficulties, learning about anxiety and trauma <b>Monday 22nd June 2026</b> <b>9.30 am - 12</b> Online via Zoom £51 plus VAT per person</p>
<p><b>Selective Mutism</b> Understanding the causes of selective mutism (situational mutism) and practical strategies to support children in early years and primary <b>Thursday 4th June 2026</b> <b>9.30 - 11.30am</b> Online via Zoom £44 per person plus VAT</p>	<p><b>New Understanding AuDHD</b> Supporting children who have a dual diagnosis of Autism and ADHD with practical strategies to help. <b>Wednesday 24th June 2026</b> <b>7 - 8pm</b> Online via Zoom £28 per person plus VAT</p>

<p><b>Attention Autism 2 day Foundation training</b> The complete training package taught by an Attention Autism Advanced Practitioner. This covers stages 1 - 4 of the Attention Autism programme, equipping you to run this programme within your school, setting or home. <b>12th and 19th June 2026</b> <b>9am - 4pm</b> Venue: St Giles' Church Hall Corner of Swakeleys Road High Road Ickenham UB10 8BG <b>£240 per person plus VAT</b></p>	<p><b>All Things Mealtimes</b> Understanding the issues and supporting eating and mealtimes for autistic children <b>Tuesday 30th June 2026</b> <b>10- 11.30am</b> Online via Zoom £36 plus VAT per person</p> 
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Contact Jaci Smith or Nikki Duhig at [allthingsautismltd@gmail.com](mailto:allthingsautismltd@gmail.com) or 01896 649211 to book your place/s



## Easter Activity Offers

Reduce Student Screen Time, Increase Physical Activity

### 50% OFF at Out of Bounds

We know how important it is to keep young people active, engaged, and away from screens - especially during the long summer holidays. That's why **Out of Bounds** is excited to offer a **special summer promotion** exclusively for schools.

#### Offer 1: 50% OFF our High Ropes & Zip Lines Adventure!

This is a **fantastic opportunity** for your students and their families to enjoy an exciting, outdoor activity that promotes **physical exercise, confidence-building, and fun.**

##### Here's what's included:

- High Ropes & Zip Lines** – a thrilling aerial adventure course designed for ages **8 and up**
- A safe, supervised environment that encourages **teamwork, resilience, and outdoor play**
- 50% discount** on all bookings using the code at checkout: **NOSCREENHR**
- Valid from now until 13th April 2026**
- Unlimited use** – families can use the code as many times as they like throughout the Easter Break!

#### Offer 2: 50% OFF Adventure Nets

A thrilling adventure designed for ages 5 and up!

##### Here's what's included:

- Access to our **Adventure Nets**—perfect for active, **high-energy play**
- A safe, supervised environment that encourages **teamwork, resilience, and outdoor play**
- 50% discount** on all bookings using code: **NOSCREENAN**
- Valid until 13th April 2026**
- Unlimited use** – families can use the code as many times as they like throughout the Easter Break!

##### Why we're doing this:

At Out of Bounds, we're passionate about helping young people stay active and healthy. With screen time on the rise, especially during school breaks, we want to give families engaging, accessible ways to get outdoors, move their bodies, and have fun together.



# Unusual Animals

Are you passionate about pangolins, infatuated with iguanas or an axolotl admirer? Scuttle to the library for stories of weird and wonderful creatures, plus a fun craft activity!



**Wednesday 8 April**

**3.00 - 4.00pm**

**Suitable for children aged 4+ years**

Booking essential – please speak with staff to reserve a place.  
Parents and carers must remain with their child during this activity.



Goring Library  
Mulberry Lane, BN12 4NR  
01903 244300  
goring.library@westsussex.gov.uk