



English Martyrs Newsletter

24th January 2025

Our Mission Statement

To accept each individual as they are and to enable them to develop their full potential within a Christ-centred, worshipping community in a spirit of love, happiness and understanding



The 3rd Sunday of Ordinary Time

Jesus, with the power of the Spirit in him, returned to Galilee; and his reputation spread throughout the countryside. He went into the synagogue on the sabbath day as he usually did. He stood up to read, and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written: 'The spirit of the Lord has been given to me, for he has anointed me. He has sent me to bring the good news to the poor, to proclaim freedom to prisoners and new sight to the blind, to set the oppressed free, to proclaim the Lord's year of favour.' He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the synagogue were fixed on him. Then he began to speak to them, "This scripture is being fulfilled today even as you listen."

Luke 1:1-4

Sports Update

This week we hosted a KS1 Benchball Competition. Well, done to those children who competed, it was fantastic to see the ball skills learnt last term put into a game format. The children thoroughly enjoyed themselves and more so due to the unlimited supply of biscuits! Thank you to the friends for providing refreshments and Mr and Ms Smith and Morgan for volunteering their time to help. This was also a great opportunity for our Sports Leaders to get involved and assist with the refereeing of games, scoring and timing, so a huge thank you Helen, Scarlett and Luca for ensuring the event ran smoothly.



Club News

Karate Cub currently has spaces for new joiners. This takes place after school every Wednesday 3.15-4pm. If you would like to sign your child up, please see details in flyer below.

Club Cancellation

On Friday 31st July, there is **NO GYMNASTICS club** Apologies for any inconvenience this may cause.



Green Blue Peter Badges for Go Outdoors Children



Last term the children who attended the Go Outdoors and Friday's after school club also took part in the Green Blue Peter Badge Award. For this, the children did litter picks, made bird feeders, and developed our woodland area to include habitats for bugs and hedgehogs.



They looked at our grounds, identifying the native trees and the importance of looking after the grounds.

This term the club members will continue this work, providing areas to encourage bees and butterflies while continuing to develop the available habitats for bugs, hedgehogs and wildlife. This is a wonderful contribution to the life of the school.



Spring Term Dates for your Diary

January

Thursday 30th January Year 6 Class Liturgy 2.45pm
Thursday 30th January Time for treat tuck shop
 Friday 31st January Friends' 'Break the Rules' day

February

Monday 3rd February Children's Mental Health Week
 Tuesday 4th February Year 4 Class Liturgy 2.45pm
 Friday 7th February Year 5 World Mathematics Championships at St Oscar Romero's
 Mon 10th & Tues 11th EY National Child Measurement Programme

Thursday 13th February Year 4 Roman Day - date change

Thursday 13th February Year 5 Class Liturgy 2.45pm
 Friday 14th February Inset day
 Monday 17th February Start of half term
 Monday 24th February Children return to school

March

Monday 3rd March Year 5 open class 2.45pm
 Monday 3rd March Year 4 open class 2.45pm
 Tuesday 4th March Year 5 Harry Potter Science Day
 Tuesday 4th March EY open class 2.45pm
 Tuesday 4th March Year 1 open class 2.45pm
 Wednesday 5th March Year 2 open class 2.45pm
 Thursday 6th March World Book Day
 Thursday 6th March Year 3 open class 2.45pm
 Friday 7th March Year 6 open class 2.45pm
 Thursday 13th March Parent consultation 4pm-6.30pm
 Friday 14th March Year 1 visit to English Martyrs Church
 Tuesday 18th March Parent consultation 3.30pm-6pm
 Thursday 20th March Year 2 Class Liturgy 2.45pm
 Monday 24th March Rock Steady Concert 9.30am
 Monday 24th March Children's Reconciliation
 Thursday 27th March Year 3 trip to Buster Farm

Mobile Phones

Mobile phones are only permitted for Years 5 & 6 unless under exceptional circumstances. If your child needs to bring a phone to school please ensure the following:

- You have given consent through the My Child At School app.
- The phone should be turned off before your child comes onto the school site.

- The phone should be given to the teacher for the day when they go into class

If your child is not in year 5 or 6 and they need

to have a phone, please contact the school to make us aware.



Jubilee Year, 2025

Friday 24th June marked the start of the Jubilee Year and we learnt about this in assembly together. This is something that we continue to explore and discuss over the coming months —to find out more go to:

<https://www.cbcew.org.uk/jubilee-2025/>



Break the Rules Day

The Friends are holding a Break the rules day on **Friday 31st January**. Children must still wear school uniform and in addition, the No Jewellery rule still applies for health and safety reasons, but the following rules can be 'broken' by pupils and teachers for a fine of **50p per broken rule**:

- Hair - Distracting/crazy hair styles
- Face - Face paint designs on face
- Arms - Temporary tattoos applied to arms
- Nails - Nail varnish worn (no fake nails please)
- Legs - Wearing a different colour, or patterned, socks / tights
- Shoes - Wearing trainers instead of school shoes
- Snack - A non-healthy snack for breaktime
- Water bottles - May contain squash (no fizzy drinks please)

Please note that this is NOT a mufti day and school jumpers/cardigans, polo shirts and trousers/skirts/pinafores or PE kits must still be worn.

There will be 'Rules Police' on the playground that morning to spot the rule breakers and accept their fines (cash on the day please) that will be a maximum of £4 if ALL rules are broken!



Southern Martial Arts KIDS KARATE



Confidence
Self Defence
Discipline
Respect
Etiquette
Behaviour
Control
Awareness
Anti Bullying
Co-ordination
SEN Friendly

- All Non-contact
- £6 Pay as you go
- No Direct Debits

努力
報
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Effort
Brings
Reward

English Martyrs RC Primary
School

Wednesday 3.15 to 4.00pm

Call or WhatsApp to book a place: 07903 304536

Email: renshichen-sma@hotmail.com



New Beginners welcome along anytime
Wear your PE kit or similar for first few weeks

THERE'S NO PLACE LIKE home! 15 - 23 FEBRUARY



Join us this February half term to
celebrate houses and homes

Have a go at hands on activities and follow the
house hunting trail around our 40 acres site.



Weald & Downland Living Museum
Singleton | Chichester | PO18 0EU



Find out more at wealddown.co.uk
01243 811363

Please note, due to
the sensitivity of our
discussions, we ask
that you attend
without your
child/young person.

West Sussex 

Parenting Peer Support Drop-ins Winter/Spring Timetable

Come and join us in:

Worthing
The Gateway, 8-10 Durrington Lane, Worthing,
BN13 2QG
13:00 - 14:00
• Tues 18th Feb
• Tues 18th March

Bognor Regis
Arun West Family Hub, Laburnum Grove,
Bognor Regis PO22 9HT
11:00-12:00
• Thurs 13th Feb
• Thurs 13th March

Crawley
Bewbush Family Centre, Dorsten Square, Crawley RH11
8XW
10:00-11:00
• Tues 11th Feb

Horsham
i-Rock, Hurst Cafe, Hurst Road, Horsham RH12 2DN
13:00- 14:00
• Tues 4th Feb
• Tues 4th March

Lancing
Lancing Parish Hall, South Street, Lancing BN15 8AJ
13.30-14.30
• Wed 5th Feb
• Wed 5th March

Please feel free to drop-in where we can chat and get
you registered with the service.

Or to register yourself, please call our Help Point
Monday to Friday, 10am until 4pm on 0300 303 5652
or email helppoint@westsussexmind.org



If you are a parent or carer to a child or young
person who needs some support with their
mental health, you may not know where to
start and may need some support of your own.

We at West Sussex Mind know how vital it is
for people to talk and share their experiences,
so we have started Peer Support drop-ins
across the county, where you can meet our
Parenting Team and other parents who can
provide some much needed empathy and
understanding.

The Parenting Support Service at West Sussex Mind has a lot to offer:

- Peer Support Groups- both during the day (in person) and in the evening (on-line)
- Monthly 'Expert by Experience' Guest Speaker Zoom evening sessions, covering topics such as Self-Harm, EBSA, Autism and mental health, Masking and more...
- 1:1 sessions with a Peer Support Worker
- Closed Facebook group; regular newsletters and access to training, e-learning and webinars (on the West Sussex Mind website).
- 5 week Parenting Mental Health Course

NEW

West Sussex
Mind

FREE

PARENTING MENTAL HEALTH COURSE

A 5 WEEK COURSE FOR PARENTS AND CARERS TO GAIN KNOWLEDGE
AND UNDERSTANDING AROUND SUPPORTING CHILDREN & YOUNG
PEOPLE'S MENTAL HEALTH, OFFERING A SAFE SPACE TO REFLECT AND
FIND PEER SUPPORT.

TOPICS INCLUDE SELF-ESTEEM, ANXIETY & EMOTIONS,
COMMUNICATION AND MORE!

WORTHING - 24TH APRIL - 5TH JUNE (WEEKLY)

10AM-12NOON
8-10 DURRINGTON LN, WORTHING BN13 2QG

CRAWLEY - 19TH JUNE - 17TH JULY (WEEKLY)

12:30-14:30
BEWBUSH CHILDREN & FAMILY CENTRE, DORSTEN SQUARE, CRAWLEY
RH11 8XW

BOGNOR REGIS - 18TH SEP - 16TH OCT (WEEKLY)

10AM-12NOON
ARUN WEST FAMILY HUB,
LABURNUM GROVE, BOGNOR REGIS PO22 9HT

REFRESHMENTS
PROVIDED!



TO SECURE YOUR PLACE
OR FOR MORE INFORMATION,
PLEASE EMAIL:
PARENTINGSUPPORT@WESTSUSSEXMIND.ORG



 [Worthingsewwhatstitchclub](https://www.instagram.com/Worthingsewwhatstitchclub)

FORMERLY YOUNG EMBROIDERERS
MARRIOT SCOUT HALL, GORING-BY-SEA, Worthing

JOIN US AT

Sew What? Stitch club An independent group run one Saturday morning a month for 8 -16 year olds(usually 3rd Saturday) by volunteers to promote stitch and textiles. We provide all materials and charge a fee that covers our costs.

DBS checked

If you would like to come along please drop me an email or give me a call and we can arrange a visit.

[Worthingsewwhatstitchclub](https://www.instagram.com/Worthingsewwhatstitchclub)
yeworthing2000@gmail.com

or

Liz 07912 303367