



# English Martyrs Newsletter

## 10th November 2024

### Our Mission Statement

To accept each individual as they are and to enable them to develop their full potential within a Christ-centred, worshipping community in a spirit of love, happiness and understanding



### Christmas Card Orders

Please place your Christmas card orders before 11th November to avoid missing the deadline. All orders placed will help raise funds for the school.



### 32nd Sunday of Ordinary Time

Jesus said, "Beware of the scribes who like to walk about in long robes, to be greeted with respect in the market squares, to take the front seats in the synagogues and the places of honour at banquets; these are the men who swallow the property of widows, while making a show of lengthy prayers. The more severe will be the sentence they receive." He sat down opposite the treasury and watched the people putting money into the treasury, and many of the rich put in a great deal. A poor widow came and put in two small coins, the equivalent of a penny. Then he called his disciples and said to them, "I tell you solemnly, this poor widow has put more in than all who have contributed to the treasury; for they have all put in money they had over but she, from the little she had, has put in everything she possessed, all she had to live on."

**Mark 12:38-44**

### Sports Update

Congratulations to our Year 4 Basketball Team who represented Worthing in the Southern Area Finals on Tuesday. They finished in 7th place out of 12 teams, a tremendous achievement. I was blown away by our team's resilience and determination throughout the tournament, they faced some tough games but did not give up and gave it their all! They worked so well as a team and showed outstanding sportsmanship to one another and the opposing teams, I was incredibly proud of them all. Well done Year 4!



On Thursday a group of Year 5's took part in a Gymnastics Competition, competing in Floor and Vault. The team finished in

6th place out of 10 teams which were predominantly Year 6 children which is a brilliant achievement in itself but also gives the children an advantage to practice and perfect their routines ahead of competing again next year. I was so impressed with all their performances, they all worked incredibly hard and I cannot wait to see where they place next time! Well done Year 5!



### Remembrance Sunday

This Sunday is Remembrance Sunday, it is a day to remember the service and sacrifice of all those that have defended our freedoms and protected our way of life. It has taken place since the end of the First World War. Remembrance Day is observed on the 11th November to recall the end of First World War, hostilities ended "at the 11th hour of the 11th day of the 11th month" of 1918.

*They shall grow not old,  
as we that are left grow old;  
Age shall not weary them,  
nor the years condemn.  
At the going down of the sun  
and in the morning  
We will remember them.*



## Autumn Term Dates for your Diary

### November

Friday 15th Nov

Mufti day for hamper donations for Christmas Fair—details to follow

Monday 18th Nov

EY open class 2.45pm

Tuesday 19th Nov

Year 3 open class 2.45pm

Wednesday 20th Nov

Flu Vaccinations

Wednesday 20th Nov

Year 2 & Year 4 open class 2.45pm

Wednesday 20th Nov

Red Wednesday, sponsored walk and red raffle

Thursday 21st Nov

Year 1 open class, Teddy Bears picnic 2.45

Thursday 21st Nov

Year 5 open class 2.45pm

Friday 22nd Nov

Mufti day for gift donations for the Christmas Fair—details to follow

Friday 22nd Nov

Year 6 open class 2.45pm

Saturday 23rd Nov

The Friends Christmas Fair 2—6pm

Friday 26th Nov

Year 4 & 5 virtual reality workshop

### December

Monday 2nd Dec

Children's reconciliation

Tuesday 3rd Dec

Deanery Advent Service at Arundel Cathedral 6pm

Thursday 5th Dec

KS2 Choir singing at Arundel Cathedral 10am-2pm

Thursday 5th Dec

Prospective parents open day 9.45am & 5.30pm

Monday 9th Dec

EY & KS1 Nativity play 2.15pm

Tuesday 10th Dec

EY & KS1 Nativity play 2.15pm

Wednesday 11th Dec

Choir Singing at St Symphorian's Church 6pm

Thursday 12th Dec

KS2 Advent Service 2pm

Friday 13th Dec

KS2 Advent Service 2pm

Monday 16th Dec

Rock Steady Concert 9.30am

Wednesday 18th Dec

Guitar club Christmas assembly 11-11.30

Wednesday 18th Dec

Children's Christmas lunch

Thursday 19th Dec

Advent Mass all welcome 2pm

Friday 20th Dec

Last Day of Autumn term

## Flu Vaccination Consent

Just 1 week to go to give consent for the flu vaccine, if consent is not given, your child will not be offered the vaccine and you can not receive it at your local GP. If you do not want your child to receive the vaccine you should fill the form and decline. Here is the link for consent: <https://www.susseximmunisations.co.uk/Forms/Flu> The school code is: **SX126051** Please complete by Friday 15th November.

## Club Cancellation

Due to other work commitments, there is no football club on Thursday 14th November. Apologies for any inconvenience this may cause.

## PE uniform

As temperatures drop, please make sure your child has warm clothing to wear for outdoor PE. As a reminder, only **navy** jogging bottoms should be worn. Children should not be wearing tights underneath shorts but should wear jogging bottoms instead. Thank you for your support.



Aid to the  
Church in Need

## Red Wednesday

Red Wednesday is a day to acknowledge and pray for Christians around the world that are persecuted for their religious beliefs. During House assembly this week the children discussed ideas on how to raise money and awareness

for Aid to the Church in Need (ACN), a Catholic charity that supports Christians facing persecution, oppression, or pastoral need. On Wednesday 20th November we will be hosting our own fundraising event for this worthy cause. Based on the children's suggestions, we will be holding a red raffle and red cake sale at the end of the school day, children will have the option to wear an extra red item to school for 50p (nail polish will be allowed as long as it is removed by the next day!) and a sponsored walk, with all proceeds going to ACN.

We are asking for donations for the tombola raffle and cake sale, please bring in red items for the tombola the **week beginning 11th November**, all donations welcome as long as they are **RED**. This could be something like a box of maltesers or a can of coke, a spiderman toy ... we look forward to seeing what everyone comes up with! (However, please could we ask that you don't bring in red items for ACN on Friday 15th November to avoid confusion with the Friends' Hamper Raffle.) Please bring **RED** cake donations in on **Wednesday 20th November** and we will give out paper copies of sponsor forms this week.

# Christmas Lunch

Join our festive lunch by ordering on ParentPay for

.....Wednesday 18th December.....

## MAINS

Roast Turkey in Gravy,  
or  
Quorn Roast in Gravy

## SIDES

Roast Potatoes, Peas, Sweetcorn  
Mini Sausage & Stuffing

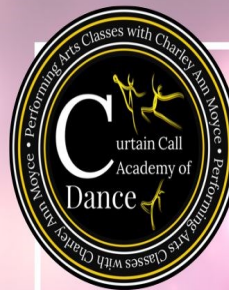


## DESSERT

Festive Cupcake

Scan QR code to order, no later than Thursday 5th December,  
Or visit ParentPay.com

*\*Special diets will remain in place.*



ENGLISH MARTYRS


# MUSICAL THEATRE AFTER-SCHOOL CLUB


THURSDAYS; 15:15-16:15

• SING • DANCE • ACT • PERFORMING ARTS •

**JOIN NOW!**

 ENGLISH MARTYRS CATHOLIC PRIMARY SCHOOL

 07852411301

 CURTAINCALLACADEMY@OUTLOOK.COM

 PRESTIGE AWARDS

CHILDREN'S PERFORMING ARTS SCHOOL OF THE YEAR



## ♔ After-school chess club with Alex ♚



Chess is a game for everyone that promotes the development of communication between the hemispheres of the brain.

The coach's unique method combines the Soviet chess school and European psychological approach, tailored to each child.

Chess practice increases academic performance by positively impacting the ability to concentrate, think logically, set and achieve goals, and develop healthy independence.



All ages are welcome,  
cost: 5 gbp per child per week.

Run by Alex Radchenko, UK 4NCL champion (2022), Lichess Top 100 player in rapid chess.

Alex's students have previously won prizes at national and international competitions in the UK, USA, Canada, Australia, Monaco.

Starting November 8, weekly, 3:15 - 4 pm  
any questions: [littlekingchess@gmail.com](mailto:littlekingchess@gmail.com)



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**ANXIETY TOOLKIT FOR PARENTS AND CARERS WEBINAR**

**SATURDAY 25<sup>TH</sup> JANUARY 2025, 10AM- 12 MIDDAY**

**LEARN PRACTICAL TIPS AND STRATEGIES TO HELP PARENTS AND CARERS SUPPORT THEIR CHILDREN THROUGH ANXIETY IN THIS ONLINE EVENT!**

Are you feeling overwhelmed by your child's anxiety? Join us for this online event where Your Space Therapies will provide you with practical tools and strategies to help you support your child. Emma Connor, Child Psychotherapist will share valuable, easy to implement strategies to navigate through challenging situations and promote your child's well-being. Don't miss out on this opportunity to learn and connect with other parents and carers facing similar experiences. Register now and equip yourself with the tools to better understand and manage anxiety in your child.

Price: £27.80

For more information and booking please scan the QR code:



 Scan me!

Please note, due to the sensitivity of our discussions, we ask that you attend without your child/young person.

## Parenting Peer Support Drop-ins Autumn Timetable

Come and join us in:

### Lancing

Lancing Parish Hall, South Street, Lancing BN15 8AJ  
13.30-14.30  
• Wed 2nd Oct / Wed 6th Nov / Wed 4th Dec

### Worthing

The Gateway, 8-10 Durrington Lane, Worthing, BN13 2QG  
13:00 - 14:00  
• Tue 22nd Oct / Tues 19th Nov / Tues 17th Dec

### Bognor Regis

Arun West Family Hub, Laburnam Grove, Bognor Regis PO22 9HT  
11:00-12:00:  
• Wed 25th Sep / Thur 24th Oct / Thur 21st Nov / Thur 19th Dec

### Crawley

Bewbush Family Centre, Dorsten Square, Crawley RH11 8XW  
10.00-11.00  
• Tues 10th Sep / Tues 8th Oct / Tues 12th Nov / Tues 10th Dec

### Horsham

i-Rock, Hurst Cafe, Hurst Road, Horsham RH12 2DN  
13.00- 14.00  
• Tues 3rd Sep / Tues 1st Oct / Tues 5th Nov / Tues 3rd Dec

**To access the Parenting Service you will need to register with us. If you would like to attend one of our groups, you can drop into a session and then register with the service, or contact us via our Help Point and state you would like a Parenting referral to access the groups.**

**Please call our Help Point Monday to Friday, 10am until 4pm on 0300 303 5652 or email [helppoint@westsussexmind.org](mailto:helppoint@westsussexmind.org)**



If you are a parent or carer to a child or young person who needs some support with their mental health, you may feel alone and need some support of your own.

We at West Sussex Mind know how vital it is for people to talk and share their experiences, so we have started Peer Support drop-ins across the county, where you can meet our Parenting Team and other parents who can provide some much needed empathy and understanding.

### The Parenting Support Service at West Sussex Mind has alot to offer:

- Peer Support Groups- both during the day (in person) and in the evening (on-line)
- Monthly 'Expert by Experience' Guest Speaker Zoom evening sessions, covering topics such as Self-Harm, EBSA, Autism and mental health, Masking and more...
- 1:1 sessions with a Peer Support Worker (who has lived and professional experience). These are in blocks of three and can be delivered at a time convenient for you
- Closed Facebook group; regular newsletters and access to training, e-learning and webinars (on the West Sussex Mind website).



# Soccer School



Fun, engaging, inclusive, safe football activity for Boys & Girls of all abilities, during the school holidays. Book now for our December Soccer School course by scanning the QR code or using the below website and course code.

[Chelseafcfootballdevelopment.com](https://chelseafcfootballdevelopment.com)  
Course Code: SS-STCFC-X-38

Area	Venue	Activity Day
Sussex Steyning	Steyning Town Football Club	Monday 23rd December - Tuesday 24th December

Timings	Ages	Costs
9.30-15.00	5-12 Years	£48.00