



Our Mission Statement

To accept each individual as they are and to enable them to develop their full potential within a Christ-centred, worshipping community in a spirit of love, happiness and understanding



English Martyrs Newsletter

8th June 2026



The Feast of Corpus Christi

Jesus said, "I am the living bread which has come down from heaven. Those who eat this bread will live forever. Now the bread which I will give is my flesh, and I will give my flesh for the life of the world. Those who eat the bread which is my flesh have eternal life now, and I will raise them up on the last day. My flesh is true food; my blood is true drink. Those who eat my flesh and drink my blood live in me and I live in them. So my flesh is the bread which comes down from heaven. It is not like the bread which our ancestors once ate in the desert – they died, but those who eat this bread will live forever.

John 6:51-58

Animals visit Year 4



Year 4 had a number of visitors this week. Hope's mum brought in some chicks, ducklings, a large tortoise and two bearded dragons. The children loved the hands on experience. Thank you for the lovely treat.



KS1 Balls Skills



Some of our KS1 pupils took part in a Ball Skills Festival this week. They practiced lots of skills and learnt some new ones. The best part was throwing the balls at the bouncy springboards.



Year 6 Residential

Well done Year 6 for a brilliant residential. We have lots to update you on, which will be in next week's newsletter.



Cricket Day

At the end of last term, Years 1 to 6 were treated to a cricket taster day hosted by Sussex County Cricket. The children in all the years groups enjoyed learning cricketing skills. Thank to SCCC.



Connective Family Webinar.

Connective Family are hosting a free (one hour) webinar (online) coming up on the **12th June at 12 noon** with Sarah Fisher, our CEO and Founder.

In this free webinar, we will be looking at how to support siblings with differing needs, which can be a common challenge for families with more than one child.

If you are not able to attend live, then register for this in advance using this link (below), and a recording will be sent to you after the event, so that you can watch it at a time that suits you.

Register in advance for this here -

<https://learning.connectivefamily.com/purchase/256027-Webinar-Siblings-with-Different-Needs/price/941974-simple-price>

Update on Holiday Vouchers

It has been announced that there will no longer be support for families through the FSM voucher scheme. We have now been advised that the Community Hub are administering the WSCC Crisis and Resilience Fund. On their website here are some explanations of the type of help on offer, as well as a form to complete. Please go to [Crisis and Resilience Fund - West Sussex County Council](#)

For further information, please email communities@westsussex.gov.uk

Feed Roadshow—School Meals from September

You may be aware that from September West Sussex have awarded the School Meals contract to ISS. The new company will be holding Feed roadshows around the county. Our closest roadshow will be on

June 22nd at Thomas A Becket Infant School 3pm—4pm.

There's no need for families to book in advance; simply turn up on the day. Food samples will be available on a first come, first served basis, so we'd encourage families to arrive promptly to avoid missing out.

For more information about the new company please visit: <https://www.feedwestsussex.co.uk/>

Summer Term Dates for your Diary

June

- | | |
|--------------------|--|
| Monday 8th | Year 6 Open classroom 2.45pm. Parents welcome |
| Tues 9th—12th | Year 6 Bikeability |
| Tuesday 9th | Year 2 Legacy Games |
| Thursday 11th | Year 4 Fishbourne Roma Villa trip |
| Sunday 14th | Mass at English Martyrs Church to celebrate Fr. Liam's 60 years of service |
| Tuesday 16th | Year 5 Life of Christ play trip |
| Friday 19th | Home clothes Day. Please can each family bring in unwanted small plushies/sand animals/small beanies for the Friends |
| Monday 22nd | Early Years Beach Trip
Feed Roadshow Thomas A Becket Infant School 3pm—4pm. All welcome. |
| Tuesday 23rd | Sports Day KS2 in the morning and KS1 in the afternoon |
| Friday 26th | Home clothes Day. Please can each family bring in bagged sweets for the Friends |
| Sunday 28th | Summer Fiesta - 10am—3pm |
| Monday 29th | Mass to Celebrate first Communion 10.45am. Children who have celebrated their first communion this year, we ask them to bring in the first communion clothes to wear in the Mass. All parents welcome to the Mass |
| Tuesday 30th | Year 5 Deanery Conference and Sports Day at St Oscar Romero's |

July

- | | |
|--------------------|-------------------------------------|
| Thursday 2nd—3rd | Year 5 Blacklands Farm Trip |
| Tuesday 14th | Year 5 Samba Workshop |
| Thursday 16th | Year 5 Zoolab experience |
| Monday 20th | Leavers Mass 2pm All welcome |

IT'S BACK!

Summer Fiesta

SUNDAY 28TH JUNE

10-3PM

**£10 WRISTBAND FOR
UNLIMITED INFLATABLES/RIDES**

English Martyrs Primary School Field,
Derwent Drive, BN12 6LA

PLUS
BBQ | BEER | ICE CREAM | PICK N MIX
PENALTY SHOOTOUT | GAMES | MUSIC
& BUNGEE TRAMPOLINES!

Reg Charity 1071632. Suitable for all ages. Come & Celebrate Summer!

16 days of the Summer holidays Monday to Thursday,
from July 27th to August 20th

SUMMER SKATEBOARDING CLUB

Free for those accessing benefits
related free school meals
Ages 8 to 12 years old

- GAMES
- TSHIRT DESIGN
- TRIP TO HOMEFIELD SKATEPARK
- SKATEBOARDING
- LEARN TO COOK
- ART AND CRAFTS
- BOARD DESIGN/ART

Book in through the link or
haf@westsussex.gov.uk

Homefield school
Address
Chesswood Road, East Worthing, Worthing,
BN11 2AA, England

west
sussex
county
council

**WORTHING UNITED YOUTH
INCLUSIVE FOOTBALL**

Does your child love football or just want to give it a go?

Our inclusive SEND football sessions are specially designed for children and young people aged 5 - 16 years with special educational needs and disabilities.

Friendly, supportive coaches

A safe space where everyone can enjoy football

Opportunities to make new friends and grow in confidence

WORTHING HIGH SCHOOL, SPORTS FIELD

10am - 11am
Inclusive environment, greater focus on soft skills, sensory input, tactile space

11am - 12pm
Inclusive football environment, more focus on technical skills and games

DATES:
Saturday 13th June
Saturday 27th June
Saturday 11th July

FOR MORE INFORMATION
SCAN THE QR CODE,
VISIT WWW.WUYFC.CO.UK OR EMAIL
WUYFCSECRETARY23@GMAIL.COM

FOLLOW US...
<https://www.instagram.com/worthingunitedyouthfc/>
<https://www.facebook.com/worthingunitedyouthfc/>

CURTAIN CALL ACADEMY

PERFORMING ARTS SUMMER WORKSHOPS!

• SING • DANCE • ACT • PERFORM •

Ages 4-16 years
Goring United Reformed
Church, BN124EA

**MUSICAL THEATRE
WORKSHOP!**



**DESCENDANTS
WORKSHOP!**

**SIX
WORKSHOP!**

**THE
GREATEST
SHOWMAN
WORKSHOP!**

MONDAY 3RD AUGUST		Monday 10th August	Monday 24th August	Wednesday 26th August
08:30-12:30 Shrek & Matilda £20	12:30-16:30 Beauty & The Beast & Wicked - £20	08:30-12:30 £20	08:30-12:30 £20	08:30-12:30 £20
Full Day - 08:30-16:30 - £36				

[curtaincallworthing](https://www.curtaincallworthing.com)
curtaincallacademy@outlook.com

PRESTIGE AWARDS
CHILDREN'S PERFORMING
ARTS SCHOOL OF THE YEAR

PETWORTH FESTIVAL FAMILY FUN

SUNDAY 26 JULY, 2.30PM
PETWORTH HOUSE STABLE YARD

With Family Theatre Magic from
Alice's Adventures in Wonderland
& Foot-tapping Musical Theatre from the Fabulous
Bowjangles!

Music
Ice Creams

Family
Fun
Pizza
Bar &
Street Food

Balloon
Modelling
Painting

Face
Theatre

PETWORTH FESTIVAL

Tickets at
petworthfestival.org.uk



Reaching Families

Are you a parent or carer of a child or young person in West Sussex who has, or may have, special educational needs and disabilities?



Reaching Families is a parent-carer led charity which aims to empower parent-carers and families of children & young people with special educational needs and disabilities in West Sussex through the delivery of information, advice, training and peer support.

Making Sense of it All

In-depth parent-carer guide covering SEND issues from birth to adulthood

Fact sheets

Covering a range of SEND issues localised to the needs of West Sussex families

Umbrellas

Parent support groups based at locations across West Sussex and online, via Zoom

Benefits Advice Service

1-2-1 advice & claim checking support for families applying for DLA, PIP & Carers Allowance

Training

Workshops and courses on a variety of issues delivered online, via Zoom

NDP Navigation Service

Support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway (via referral from a professional)

Face-2-Face

Peer based befriending for parents of children undergoing diagnosis

Facebook Group

An online parent support group providing news, information and peer support

Animations

Short animated films on a variety of subjects

If you would like more information about how Reaching Families can help, please contact:

Email: admin@reachingfamilies.org.uk

Telephone: 01903 366 360

Reg Charity No 1150906



Reaching Families

www.reachingfamilies.org.uk

UMBRELLAS

Parent Support Groups

Summer Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

14th Apr / 5th May / 2nd Jun / 30th Jun

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

22nd Apr / 13th May / 3rd Jun / 1st Jul

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

21st Apr / 12th May / 16th Jun / 7th Jul

Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

23rd Apr / 14th May / 11th Jun / 9th Jul

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

19th Apr / 20th May / 17th Jun / 19th Jul

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

28th Apr / 19th May / 23rd Jun / 14th Jul

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

30th Apr / 21st May / 25th Jun / 18th Jul

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk

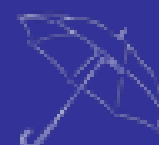


www.reachingfamilies.org.uk

Dove Lodge, 49 Beach Road,
Littlehampton, BN17 5JG

Registered Charity No: 1150906

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TRAINING

SUMMER TERM 2026



WORKSHOPS

Making Sense of Anxiety in Children (Primary Age)	Tuesday 9 th June	10.30 am - 12.30 pm
Understanding Autism	Thursday 1 st June	10.30 am - 12.30 pm
Making Sense of Wellbeing: Self-care skills for parents and carers	Tuesday 16 th June	10.30 am - 12 pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Friday 19 th June	10.30 am - 12.30 pm
Making Sense of Personal Independence Payment (PIP)	Thursday 25 th June	7.30 - 9.30 pm
Understanding Demand Avoidance	Thursday 2 nd July	10.30 am - 12.30 pm
An Introduction to Makaton	Wednesday 8 th July	7.30 - 9.30 pm
Making Sense of Sleep	Thursday 9 th July	10.30am - 12.30 pm
Making Sense of Adult Life - Moving on (15+)	Wednesday 15 th July	7.30 - 9.30 pm

THE SEND FOUNDATION COURSE

An introduction to SEND and the key issues parent-carers will encounter as their children grow and develop.	Wednesdays 24 th June, 1 & 8 July	7.30 - 9.30 pm
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All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com



Reaching Families

www.reachingfamilies.org.uk

Registered Charity No: 1150906

Registered Charity Company Limited by Guarantee No: 8262096

What Parents & Educators Need to Know about ONLINE GROOMING

WHAT ARE THE RISKS?

Online grooming is when someone builds a relationship with a child or young person online to gain their trust for the purpose of sexual abuse, exploitation, radicalisation, or criminal activity – such as county lines or financial scams. According to the NSPCC, police in the UK recorded over 7,000 offences involving sexual communication with a child in a single year – an increase of 89% since 2017/18.

STRANGERS USING FAKE IDENTITIES

Groomers often pose as children or teenagers online to build trust. They may create convincing fake profiles, share photos stolen from real people, or mimic the interests of the child. By pretending to be someone their age, they make conversations feel safe and reliable. Over time, they may ask for personal details, photos, or suggest meeting in person, exposing children to significant emotional and physical harm.

EXPLOITATION THROUGH GIFTS AND FLATTERY

To gain trust quickly, groomers often send gifts, gaming credits, or money. Alongside material offerings, they use excessive compliments, affection, and attention to create emotional dependency. These tactics make children feel valued and special, lowering their defences. Once trust is secured, groomers may escalate their requests, often asking for photos or private conversations, making the child feel pressured or indebted to continue.

GROUP CHATS AS HIDDEN PATHWAYS

Unmonitored group chats on platforms like WhatsApp or Discord provide a cover for groomers. They can watch how children interact, identify those who seem vulnerable, and then move conversations into private messaging. This transition makes detection difficult for trusted adults. The seemingly harmless group setting often masks the presence of predators, giving children a false sense of security.

THE RISE OF SEXTOPTION

Sextortion involves pressuring children into sharing explicit content, then blackmailing them for more. Offenders may claim to have hacked a child's device, threaten to share images with friends or family, or demand money. Many victims remain silent out of fear and shame. This grooming crime is particularly dangerous because children often feel trapped, believing there's no safe way to escape the situation.

GAMING PLATFORMS AS GROOMING GATEWAYS

Games like Roblox, Fortnite, or Call of Duty, which include live chat features, are frequent targets for groomers. Conversations often begin casually during gameplay and can become manipulative over time. Groomers may offer in-game gifts, credits, or exclusive add-ons to build rapport. Children using headsets or private chat features are especially at risk, as conversations are harder for adults to monitor.

CRIMINAL & RADICALISATION RISKS

Grooming is not always sexual. Some offenders manipulate children into criminal activities such as drug running or online fraud. Others attempt to radicalise young people with extreme ideologies. Groomers often use fear, money, shame, or promises of belonging to control their victims. These forms of exploitation can be just as harmful as sexual grooming, and often have lasting psychological and social consequences.

Advice for Parents & Educators

KEEP CONVERSATIONS REGULAR

Better than having one "big talk" about online safety, weave conversations into everyday life. Ask questions about children's online friendships and interests. Share real-life examples to make discussions relatable and encourage honesty instead of secrecy. When children feel comfortable discussing their digital lives, they are far more likely to share concerns or admit when something feels wrong, reducing the chance of risky interactions going unnoticed.

UNDERSTAND THE PLATFORMS CHILDREN USE

Take time to learn about the apps, games, and social platforms children are on. Familiarise yourself with privacy settings, parental controls, and group chat features. Use resources like The National College guides or conduct quick searches to stay updated. By understanding how these platforms operate, you'll be better equipped to set boundaries, guide safe use, and notice any unusual or concerning online behaviour early.

CREATE A "TELL ME" CULTURE

Children often keep silent because they fear being punished or losing access to their devices. Reassure them that coming forward with concerns won't get them into trouble. Emphasise that you are there to help, not judge. Creating a safe, open environment encourages children to speak up if something feels wrong, and helps to ensure they don't suffer in silence when facing potential grooming risks.

STAY ALERT TO WARNING SIGNS

Be attentive to both behavioural and digital red flags. Sudden secrecy, mood swings, or new online contacts may signal a problem. Watch for unexplained gifts, new social media profiles, or changes in sleep patterns. Increased anxiety or reluctance to attend school can also be indicators. Regularly checking in and showing interest in those whom they communicate with online help prevent small issues from escalating into serious risks.

Meet Our Expert

Staffordshire Police is dedicated to keeping people safe and tackling crime across both the physical and digital world. The force continues to strengthen its digital investigation and safeguarding capabilities to protect children and vulnerable people online, working in partnership with local, regional and national organisations, schools, and the wider community.



See full references list on our website



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

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Understand children's emotional needs at school

Supporting Children & Young People When School Feels Overwhelming

This free online session will focus on **Supporting Children & Young People with Emotionally Based School Avoidance (EBSA)**. It will explore the signs and challenges of EBSA and offer practical guidance to help you support your child or young person.

The session is delivered by an experienced guest trainer and includes time for questions, giving you the opportunity to build confidence, understanding and practical skills.

Event details

Wednesday 10 June

7:30 – 9:30pm (BST)

Online (Zoom)

- Join us if you are a parent or caregiver of a child or young person aged 5–18
- Your child is experiencing difficulties with their mental health
- You live in West Sussex, or your child attends school in West Sussex

Joining instructions (including the Zoom link) will be sent ahead of the session. Please check your junk or spam folder if you haven't received them.

[Book Now](#)

1. Email to Parents

Dear Parent,

Find out how to keep your child safe online.

Don't forget that the Online Safety Hub is now live! You can access it for free here:

<https://virtualit.onlinesafetyhub.uk/>



The Online Safety Hub is a brand-new online resource with lots of expert advice and guidance to help you manage your child's safety online as a parent.

It includes information on the latest hot topics when it comes to keeping children safe, such as how to manage your child's screen time, understand the latest gaming platforms, what they mean for your child's safety and lots more.

We're also offering you as a parent, a free Qustodio account facilitating parental controls on any individual device and free premium access for 30 days. Gain more visibility on what's going on in your child's online world. Block dangerous content, introduce screen-free schedules, receive alerts for inappropriate content, keep tabs on their location and more. Follow the link to create your free account

https://www.qustodio.com/en/30-days-school-special/?utm_source=internal&utm_medium=OSHub&utm_campaign=virtualit

by Gloria



If you have any questions on any of the above, please get in touch.